



COVID-19 Resources - March 25, 2020

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These are challenging times for everyone. Families of children with disabilities may currently be experiencing an additional layer of stress that others are not. Below, please find a short list of resources that may help you and your family through this period.

COVID-19: A Parent Guide for School-Aged Children

A resource guide for families from the Virginia Department of Education (VDOE).

[Click here for VDOE's COVID-19 parent guide for families](#)

FREE Virtual Live Event

Plan to attend ***Managing Behavior at Home*** with Rose Nevill, PhD, BCBA on Thursday, March 26, 2020 from 3:00-3:45pm. This interactive webinar will provide some quick tips and tricks for managing challenging behavior while with your family member on the spectrum. It will be followed by a discussion that will provide the opportunity for you to ask questions, connect with other parents, and share your ideas. This opportunity is being provided by the STAR Family Navigation Team at the University of Virginia.

[Click here for more information and to register.](#)



Talking to Children About COVID-19

Advice for families from The National Association of School Psychologists on how to help children understand COVID-19 and deal with associated anxiety.

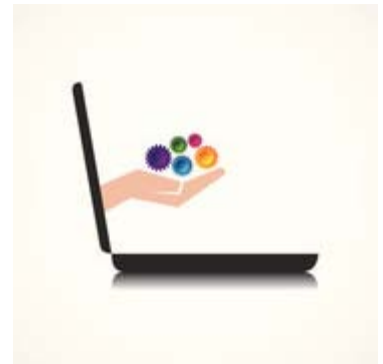
[Click here for the resource.](#)



COVID-19 Resources for Individuals and Families

Resources provided by the VCU Autism Center for Excellence.

[Click here for resources.](#)



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