



Sussex Middle School Breakfast & Lunch Menu December 2021



Mon	Tue	Wed	Thu	Fri
<u>BREAKFAST OFFERINGS</u> MINI PANCAKES & WAFFLES FRENCH TOAST STIX ASSORTED CEREAL SAUSAGE BISCUIT ASSORTED DANISH. MUFFINS BREAKFAST BUN HAM/CHEESE CROISSANTS APPLE DONUT HOLES POPTARTS CHOCOLATE & BLUEBERRY BREAD	TWIST & GO SMOOTHIES (STRAWBERRY/BANANA) MANGO/PINEAPPLE W/ GRIP OR BELLY BEAR CRACKERS FRUIT JUICE OFFERED DAILY AND 1/2 PT. LOWFAT & SKIM MILK OFFERED FOR DAILY BREAKFAST AND LUNCH	¹ BAKED SPAGHETTI W/MEAT SAUCE TURNIP GREENS ASSORTED FRUIT OR VEGETABLE BLEND JUICES GARLIC TOAST	² CHEESEBURGERS W/WG BUN MASHED POTATOES GREEN BEANS ASSORTED FRUIT OR VEGETABLE BLEND JUICES	³ TACO SALAD W/ CHIPS BLACK EYED PEAS CORN ASSORTED FRUIT OR VEGETABLES BLEND JUICE
⁶ CHICKEN ALFREDO W/BREAD STIX FRENCH FRIES STEAMED BROCCOLI GRALIC TOAST ASSORTED FRUIT OR VEGETABLE BLEND JUICE	⁷ <u>CHRISTMAS DINNER</u> ROAST TURKEY W/ SAGE DRESSING OR CHICKEN TENDERS CANDIED YAMS STRING BEANS WG ROLLS ASSORTED FRUIT OR VEGETABLE BLEND	⁸ HAM & CHEESE CROISSANT VEGETABLE SOUP ASSORTED FRUIT OR VEGETABLE BLEND JUICE BELLY BEAR CRACKERS	⁹ CHICKEN TENDERS MASHED POTATOES TURNIP GREENS WG ROLLS ASSORTED FRUIT ⁰⁹ VEGETABLE BLEND JUICE W/G ROLLS	¹⁰ HOT DOGS ON WG BUN BAKED BEANS COLE SLAW CHOICE OF TWO VEGETABLE BLEND JUICE OR ASSORTED FRUIT
¹³ CHICKEN NUGGETS MACARONI & CHEESE GREEN BEANS WG ROLLS ASSORTED FRUIT OR VEGETABLE BLEND JUICE	¹⁴ CHEESEBURGER OR WG BUN FRENCH FRIES TURNIP GREENS VEGETABLE BLEND JUICE ASSORTED FRUIT	¹⁵ TACO SALAD W/ W G CHIPS CORN BLACK EYED PEAS CHOICE OF TWO ASSORTED FRUIT OR VEGETABLE BLEND JUICE	¹⁶ SWEET & SOUR CHICKEN STEAMED RICE GREEN PEAS ASSORTED FRUIT OR VEGETABLE BLEND JUICE BREAD STICK	¹⁷ CORN DOGS NUGGETS FRENCH FRIES STEAMED BROCCOLI ASSORTED FRUIT OR VEGETABLE BLEND JUICE
MENUS SUBJECT TO CHANGE DUE TO UNAVAILABILITY OF FOOD ITEMS DUE TO NATIONWIDE SHORTAGES	<u>OFFERED WEEKLY</u> PEPPERONI PIZZA STUFFED SANDWICHES CHICKEN FILET ON BUN	<u>HEALTHY CHOICE MEAL</u> YOGART STRING CHEESE DORITO CHIPS FRUIT JUICE ADDITIONAL VEGETABLE BELLY BEAR CRACKERS OFFERED DAILY		

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