

SUSSEX CENTRAL MIDDLE AND HIGH

BREAKFAST AND LUNCH MENU

MARCH 2019

Mon	Tue	Wed	Thu	Fri
<p><u>BREAKFAST ITEMS OFFERED DAILY</u> BREAKFAST PIZZA YOGART & GRAHAM CRACKERS GRIPS CEREAL & GRAHAM CRACKERS GRIPS WG BREAKFAST BUN ASST. POPTARTS ASSORTED FRUIT</p> <p>CARROTS W/DIP AND GREEN LEAFY SALAD OFFERED DAILY AS VEGETABLE</p>	<p><u>HEALTHY CHOICE MEAL</u> YOGART STRING CHEESE DORITO CHIPS FRUIT JUICE ADDITIONAL VEGETABLE OFFERED DAILY 1/2 PT/ MILK</p> <p>TRU MOO MILK 1% LOWFAT AND SKIM OFFERED DAILY FOR BREAKFAST AND LUNCH</p>			<p>1 BACON, SCRAMBLED EGGS, TOAST</p> <hr/> <p>BBQ PORK CHICKEN FILET OR HOT DOG ON WG BUN BAKED BEANS COLE SLAW ASSORTED FRUIT</p>
<p>4 SAUSAGE BISCUIT</p> <hr/> <p>CHICKEN SALAD W/ CRACKERS CHEESEBURGER ON WG BUN PEPPERONI PIZZA POTATO WEDGES ASSORTED FRUIT STEAMED BROCCOLI</p>	<p>5 BACON, SCRAMBLED EGGS TOAST</p> <hr/> <p>SALISBURY STEAK CHICKEN NUGGETS FRNCH BREAD PEPPERONI PIZZA MASHED POTATOES GREEN PEAS ASSORTED FRUIT WG ROLLS</p>	<p>6 HAM, & CHEESE CROISSANTS</p> <hr/> <p>OVEN FRIED CHICKEN BBQ CHICKEN CANDIED YAMS GREEN BEANS ASSORTED FRUIT WG ROLL</p>	<p>7 BACON & FRENCH TOAST STICKS</p> <hr/> <p>GRILL CHEESE MAX CHEESE STICKS OR CHICKEN FILET ON WG BUN VEGETABLE SOUP ASSORTED FRUIT</p>	<p>8 CHICKEN CROSSANT W/ HASH BROWN</p> <hr/> <p>TACO SALAD W/ CHIPS CORN DOG NUGGETS PEPPERONI PIZZA CORN BLACK EYED PEAS ASSORTED FRUIT</p>
<p>11 SAUSAGE BISCUIT</p> <hr/> <p>CHICKEN NUGGETS SMOKIE RIB ON PEPPERONI PIZZA FRENCH FRIES TURNIP GREENS ASSORTED FRUIT WG ROLLS</p>	<p>12 BACON, SCRAMBLED EGGS TOAST</p> <hr/> <p>MAMA ROSA PIZZA FISH NUGGETS CHICKEN TENDERS MASHED POTATOES GREEN BEANS ASSORTED FRUIT ROLLS</p>	<p>13 BACON AND PANCAKES</p> <hr/> <p>CHEESEBURGER BBQ PORK OR CHICKEN FILET ON WG BUN FRENCH FRIES BROCCOLI ASSORTED FRUIT</p>	<p>14 CHICKEN CROSSANT W/ HASH BROWN</p> <hr/> <p>HOT DOGS ON WG BUN FISH FILET CHICKEN FILET BAKED BEANS COLE SLAW ASSORTED FRUIT</p>	<p>15 HAM, & CHEESE CROISSANTS</p> <hr/> <p>ST. PATRIC DAY CELEBRATION SLICED CORN BEEF SALISBURY STEAK MEAT LOVERS PIZZA BOILED POTATOES STEAMED CABBAGE ASSORTED FRUIT WGROLLS</p>
<p>18 SAUSAGE & EGG BISCUIT</p> <hr/> <p>PEPPERONI PIZZA, CHICKEN SALAD OR CHICKEN FILET ON WG BUN CORN ASSORTED FRUIT WG CRACKERS</p>	<p>19 FRENCH TOAST STICKS & BACON</p> <hr/> <p>CHICKEN FILET OR CHEESEBURGER ON WG BUN PEPPERONI PIZZA BROCCOLI FRENCH FRIES ASSORTED FRUIT</p>	<p>20 HAM & CHEESE CROISSANTS</p> <hr/> <p>OVEN FRIED CHICKEN OR BAKED CHICKEN W/ STUFFING MASHED POTATOES GREEN BEANS ASSORTED FRUIT WG ROLL</p>	<p>21 BACON & PANCAKE</p> <hr/> <p>SALISBURY STEAK MAMA ROSAS PIZZA CHICKEN FILET ON WG POTATO WEDGES GREEN PEAS ASSORTED FRUIT WG ROLL</p>	<p>22 CHICKEN CROSSANT W/ HASH BROWN</p> <hr/> <p>TACO SALAD W/ CHIPS SMOKIE RIBS OR MEAT LOVERS PIZZA FRENCH FRIES GREEN PEAS ASSORTED FRUIT</p>
<p>25 BACON & PANCAKE</p> <hr/> <p>CHEESEBURGER CHICKEN FILET ON WG BUN STUFFED CRUST CHEESE PIZZA FRENCH FRIES BROCCOLI ASSORTED FRUIT</p>	<p>26 HAM & CHEESE CROISSANT</p> <hr/> <p>GRILL CHEESE MAX CHEESE STICKS OR CHICKEN FILET ON WG BUN VEGETABLE SOUP ASSORTED FRUIT</p>	<p>27 BACON, SCRAMBLED EGGS TOAST</p> <hr/> <p>BBQ PORK FISH STICKS CHICKEN FILET ON BUN FRENCH FRIES COLE SLAW ASSORTED FRUIT CORNBREAD</p>	<p>28 CHICKEN CROSSANT W/ HASH BROWN</p> <hr/> <p>BAKED SPAGHETTI SMOKIE RIB SUB OR MAMA ROSA PIZZA TURNIP GREENS ASSORTED FRUIT BREAD STIX</p>	<p>29 BACON & FRENCH TOAST STIX</p> <hr/> <p>TACO SALAD W/ CHIPS CORN DOG NUGGETS PEPPERONI PIZZA CORN BLACK EYED PEAS ASSORTED FRUIT</p>

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