



2023-2024 Lunch K-5 Lunch
Lunch

Sussex County Public Schools

Mon	Tue	Wed	Thu	Fri
8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023
Main Entrée Cheeseburger on WG Bun HEALTHY CHOICE BAG	Main Entrée Taco Salad HEALTHY CHOICE BAG	Main Entrée Spaghetti meat sauce HEALTHY CHOICE BAG	Main Entrée Corn dog nugget chix wg HEALTHY CHOICE BAG	
Vegetable French fry crinkle cut Baked beans	Vegetable Taco Fiesta Black Bean Broccoli	Vegetable Garden Salad Seasoned Green Beans	Vegetable French fry crinkle cut Fresh Baby Carrots	
Fruit Fresh Fruit Applesauce cup unsweet	Fruit Fruit Cup-Peaches Fresh Fruit	Fruit Fresh Fruit Mixed Fruit	Fruit Fresh Fruit Mixed Fruit	
Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Grain/Side Garlic bread Knots WG	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	
Desserts Hershey's Triple Chocolate Cookie WG		Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Desserts Chocolate Chip Cookie WG	
9/4/2023	9/5/2023	9/6/2023	9/7/2023	9/8/2023
	Main Entrée Taco Salad HEALTHY CHOICE BAG	Main Entrée Chicken Nuggets HEALTHY CHOICE BAG	Main Entrée Breaded Pork Lion Fritter HEALTHY CHOICE BAG	Main Entrée Pepperoni Stuffed Crust Pizza HEALTHY CHOICE BAG
	Vegetable Taco Fiesta Black Bean Broccoli Savory Buttered Corn	Vegetable Mashed Potatoes Broccoli	Vegetable Orange Glazed Carrots Mashed Potatoes	Vegetable French fry crinkle cut Coleslaw Garden Salad
	Fruit Fruit Cup-Peaches Fresh Fruit Assorted juices	Fruit Fruit Cup-Peaches Fresh Fruit	Fruit Fresh Fruit	Fruit Fresh Fruit Mixed Fruit
	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Grain/Side WG Roll	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
		Desserts Gingerbread w Topping WG	Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Desserts Chocolate Chip Cookie Dough



Mon	Tue	Wed	Thu	Fri
9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023
Main Entrée Oven Fried Chicken HEALTHY CHOICE BAG Vegetable Collard Greens Seasoned Green Beans Fruit Applesauce cup unsweet Fresh Fruit Grain/Side Mac & Cheese WG Roll Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Desserts Gingerbread w Topping WG	Main Entrée Taco Salad HEALTHY CHOICE BAG Vegetable Taco Fiesta Black Bean Broccoli Fruit Fruit Cup-Peaches Fresh Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Southern Style Chicken Fritter on Bun Turkey & Cheese Sub WG Vegetable French fry crinkle cut Seasoned Green Beans Fruit Fresh Fruit Mixed Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Oven Baked Lasagna Turkey & Cheese Sub WG Vegetable Savory Buttered Corn Garden Salad Fruit Fresh Fruit Mixed Fruit Grain/Side Breadstick,dough chz garlic Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Stuffed Crust Cheese Pizza Vegetable French fry crinkle cut Savory Buttered Corn Fruit Fresh Fruit Fruit Cup-Peaches Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023
Main Entrée Cheeseburger on WG Bun Hot Dog on WG Bun Vegetable Baked beans Coleslaw Fruit Fresh Fruit Applesauce cup unsweet Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Taco Salad HEALTHY CHOICE BAG Vegetable Taco Fiesta Black Bean Broccoli Fruit Fresh Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Breaded Pork Lion Fritter HEALTHY CHOICE BAG Vegetable Mashed Potatoes Seasoned Green Beans Fruit Fresh Fruit Fruit Cup-Peaches Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Desserts Hershey's Triple Chocolate Cookie WG	Main Entrée Vegetable Pork WG Egg Rolls HEALTHY CHOICE BAG Vegetable Seasoned Green Beans Fruit Fresh Fruit Mixed Fruit Grain/Side Veggie fried rice WG Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Desserts Chocolate Chip Cookie WG	Main Entrée BBQ on WG Bun Pepperoni Stuffed Crust Pizza Vegetable French fry crinkle cut Coleslaw Fruit Fresh Fruit Mixed Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Desserts Yellow Cake w/Topping WG



Mon	Tue	Wed	Thu	Fri
9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023
Main Entrée Corn dog nugget chix wg Vegetable French fry crinkle cut Fresh Baby Carrots Fruit Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Condiments Ranch Dip Fat Free	Main Entrée Taco Salad HEALTHY CHOICE BAG Vegetable Taco Fiesta Black Bean Broccoli Fruit Fruit Cup-Peaches Fresh Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Spaghetti meat sauce Vegetable Garden Salad Seasoned Green Beans Fruit Fresh Fruit Fruit Cup-Peaches Grain/Side Garlic bread Knots WG Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Oven Fried Chicken Vegetable Broccoli Savory Buttered Corn Fruit Fresh Fruit Mixed Fruit Grain/Side WG Roll Mac & Cheese Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy Desserts Chocolate Chip Cookie WG	Main Entrée Meatlovers Pizza HEALTHY CHOICE BAG Vegetable Garden Salad Broccoli Fruit Fresh Fruit Mixed Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 8/27/2023, End = 9/30/2023)
Menu Plan	(2023-2024 Lunch K-5 Lunch)



2023/2024 K-5 Breakfast
Breakfast

Sussex County Public Schools

Mon	Tue	Wed	Thu	Fri
8/28/2023	8/29/2023	8/30/2023	8/31/2023	9/1/2023
Main Entrée chicken biscuit Fruit Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Blueberry pancake mini wg Fruit Fresh Fruit Applesauce cup unsweet Assorted juices Grain/Side Waffles, Mini, 3", Bulk Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Scrambled Egg Bacon, single sliced ckd Biscuit ez split bkd wg rtu assorted poptarts Fruit Fresh Fruit Fruit Cup-Peaches Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Pizza breakfast squares sausage wg Fruit Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	
9/4/2023	9/5/2023	9/6/2023	9/7/2023	9/8/2023
	Main Entrée French Toast turkey bacon Fruit Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Chicken & Waffle assorted poptarts Fruit Fresh Fruit Fruit Cup-Peaches Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée breakfast bagel with egg and sausage Fruit Fresh Fruit Applesauce cup unsweet Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée sausage biscuit assorted poptarts Fruit Fresh Fruit strawberry cup Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
9/11/2023	9/12/2023	9/13/2023	9/14/2023	9/15/2023
Main Entrée Scrambled Egg Bacon, single sliced ckd French Toast Fruit Fresh Fruit Fruit Cup-Peaches Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Chix sausage pancake wh i/w Fruit Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée chicken biscuit assorted poptarts Fruit Fresh Fruit Applesauce cup unsweet Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Trix Cereal Bar Fruit Fresh Fruit Assorted juices Fruit Cup-Peaches Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Pizza breakfast squares sausage wg Fruit Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy



Mon	Tue	Wed	Thu	Fri
9/18/2023	9/19/2023	9/20/2023	9/21/2023	9/22/2023
Main Entrée Chix sausage pancake wh i/w assorted poptarts Fruit Applesauce cup unsweet Fresh Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée pancake egg and cheese assorted poptarts Fruit Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Scrambled Egg Bacon, single sliced ckd Biscuit ez split bkd wg rtu Fruit Fresh Fruit Mixed Fruit Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée sausage egg and cheese breakfast sliders Fruit Fresh Fruit Applesauce cup unsweet Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Pizza breakfast squares sausage wg Fruit Fresh Fruit Fruit Cup-Peaches Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy
9/25/2023	9/26/2023	9/27/2023	9/28/2023	9/29/2023
Main Entrée chicken biscuit Fruit Fruit Cup-Peaches Fresh Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Waffles, Mini, 3", Bulk Fruit Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Scrambled Egg turkey bacon French Toast Fruit Fresh Fruit Fruit Cup-Peaches Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Pizza breakfast squares sausage wg assorted poptarts Fruit Fresh Fruit Mixed Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy	Main Entrée Chicken & Waffle assorted poptarts Fruit Fruit Cup-Peaches Fresh Fruit Assorted juices Milk Milk, 1%, White Milk, Chocolate, Fat Free Pet Dairy

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