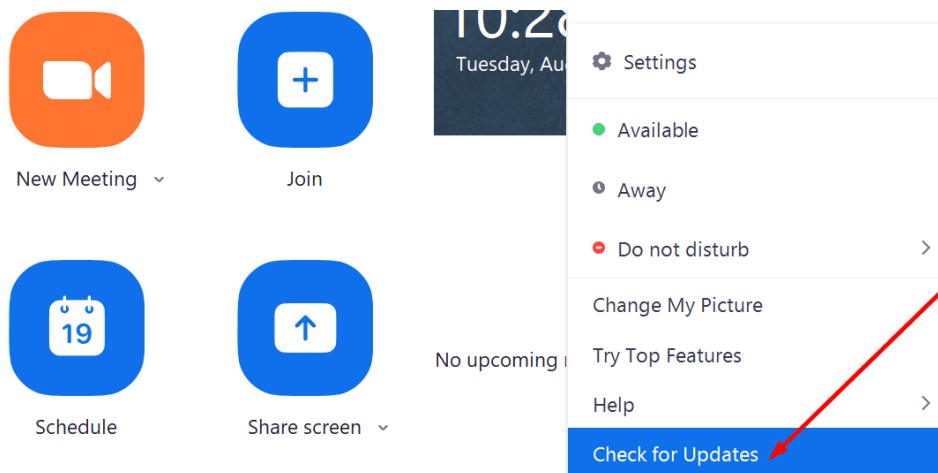# How to Fix Zoom Screen Sharing Issues.

Update Zoom

Did you know that you can fix many technical glitches and bugs simply by installing the latest Zoom version on your machine? If you're running an old Zoom app version, certain features may not work properly, and this includes screen sharing.
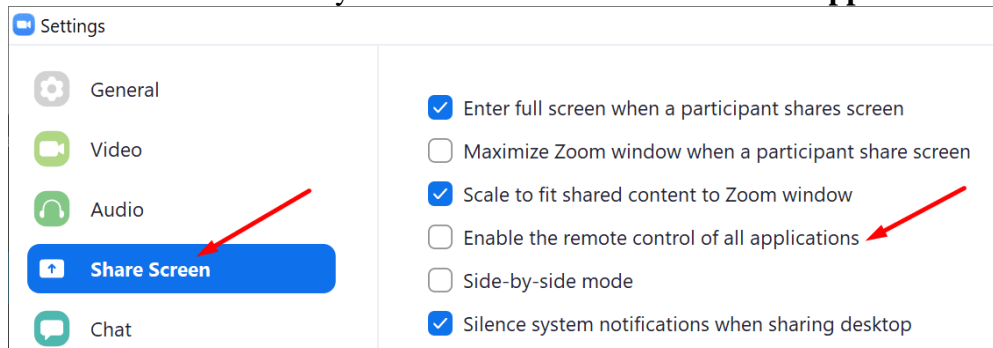
Click on your profile picture and select **Check for updates** to check if there's a newer Zoom version available for download.
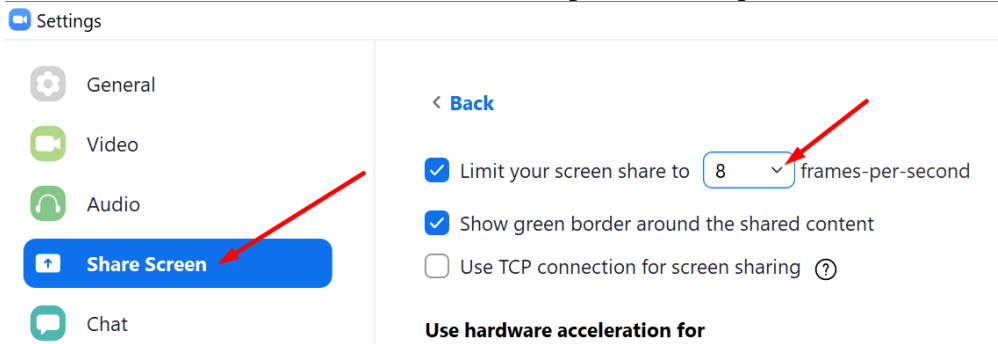

Edit Your Zoom Screen Sharing Settings

Setting a lower frames-per-second value when sharing your screen may solve this issue.

1. Launch Zoom and click on your profile picture.
2. Then go to **Settings** and select **Share Screen**.
3. Tick the checkbox that says **Enable the remote control of all applications**.

4. Then click on the **Advanced** button and keep the frames-per-second value below 10.

5. Save the settings and check the results.

If you're on a low-bandwidth network, setting your screen share FPS to a lower value will improve the connection. If Zoom uses too much CPU to support a smooth video stream, the OS might limit or block certain app features, such as the screen sharing option. Reduce the FPS, and this should keep the CPU use in check.